

I am interested in the people around me. I listen to what they say and respond appropriately. I know how to say

Understanding that listening to other people is important; it is good manners and a way to make friends. Making

Recognising the different emotions which attach to our personal names; nicknames and respecting the names of

Learning that feelings of jealousy are normal and experienced by everybody. Realising that we can master our

Understanding that games are more fun when they are fair and played by the rules; learning to win and lose

Falling out and making up; the poisonous nature of grudges; saying sorry and starting again.

I like being active and using my talents. I know when to have a go and how to follow advice. I can study hard as

Pride in one's friends, the class and the school; being encouraging to others and enjoying their successes; learning

Understanding that it can take courage to be corrected; learning to use initiative and take advice; trying again

Developing powers of quiet concentration; realising that it is easier to concentrate when there is silence.

Observing when others are lonely and when they might want company; enjoying quiet occupations and

Unit 3 My friends

I know that being a good friend includes give and take. I am prepared to put my friends first when they need it. I get on easily with my classmates. I enjoy teamwork

10. Invitation to the party

Understanding the interrelationship between getting on with many people and having a few special friends; accepting that our friends have separate social lives of their own.

11. "Look at us!"

O Chapter 11: "Look At Us!"

O Chapter 12: A Difficult Decision

O Chapter 13: It's time to eat

UNIT 4. LOOKING AFTER MYSELF

O Chapter 14: A visit from the dentist

2 Pages

2 Pages

2 Pages

2 Pages

Having a variety of interests is a good way to make more friends; a shared spirit of adventure deepens relationshine. The importance of outdoor play

○ Chapter 15: Keeping to the rules **2 Pages** relationships. The importance of outdoor play

12. A difficult decision

Standing by a friend when it is inconvenient; learning the roles that our "thinking" and "feeling" brains play in decision making. The importance of live indoor games and play.

Unit 4 Looking after myself

I understand more about the food I eat. I know how to look after my teeth. I am growing in self-discipline. I am increasing in responsibility.

13. It's time to eat

A balanced diet and appreciating the social dimensions of eating together. Understanding that table manners are important.

14. A visit from the dentist

Teeth and why good habits are worth the effort. How our diet impacts our oral health and appearance.

15. Keeping to the rules

Developing rules for healthy use of electronic devices. Respecting the rules kept in other families.

